

Clubrecords VROUWEN piste op 11/11/18**BENJAMINS meisjes**

| | | | | |
|----------------------|-----------------|---|---------------------------|-----------------|
| 60 | 9.64 | Van der Velde Eva | Humbeek | 11-06-16 |
| 600 | 1'59"96 | Huybrechts Jana | Huizingen | 23-06-18 |
| 1.000 | 3.32.14 | Verhoeven laura | Kessel-Lo | 24.06.06 |
| Ver | 3.65 | Nange Délia | Woluwe-St.-Lambert | 13-10-18 |
| Hoog | 1.13 | Verheyden Moa | Kortenbergh | 22.08.15 |
| Kogel (1 Kg) | 8m52 | NEYS Fredje | Wespelaar | 19-09-98 |
| Hockey | 27.24 | Vandevelde Charlien | Huizingen | 17.09.16 |
| 4-kamp (1000m) | 1.080 pt | KINDT Thalia | Dilbeek | 11-09-99 |
| 4-kamp (600m) | 1.553 pt | Nange Délia | Woluwe-St.-Lambert | 13-10-18 |
| 4 x 60 | 41"32 | Denivelle Nina | Kessel-Lo | 14-04-18 |
| | | Dubocage Sara | | |
| | | Huybrechts Jana | | |
| | | Nange Délia | | |
| 3 x 600 | 6'37"66 | Vandevelde Charlien Noë Marie-Laure Van Der Velde Eva | Huizingen | 28-08-16 |

PUPILLEN meisjes

| | | | | |
|----------------|-------------|---|------------------|-----------------|
| 60 | 9"28 | Van Der Velde Eva | Huizingen | 23-06-18 |
| 60 H | 12"62 | Meyvaert Carlien | Oostende | 29-07-08 |
| 1.000 | 3'19"25 | Verhoeven Laura | Heusden-Zolder | 20-07-08 |
| Ver | 3.92 | Gay An | Beerschot | 14.10.84 |
| Hoog | 1m46 | Meyvaert Carlien | Nijvel | 27-09-08 |
| Kogel (2 Kg) | 10m15 | Maluta Dani | Betekom | 18.09.11 |
| Hockey | 39m61 | Maluta Dani | Tienen | 25.06.11 |
| Discus (600gr) | 19m73 | Meyvaert Carlien | Vilvoorde | 30-08-08 |
| 4-kamp | 1.736 pt | Meyvaert Carlien | Dilbeek | 03-08-08 |
| 4 x 60 | 37"2 | WOUTERS Inge | Dilbeek | 31-07-88 |
| | | MOMMAERTS Inka | | |
| | | MAGITS Priscilla | | |
| | | LONGIN Sari | | |
| 3 x 600 | 6'04"67 | Verheyden Moa Van Der Velde Eva Aubroeck Friedl | Gooik | 27-08-17 |

MINIEMEN meisjes

| | | | | |
|-----------------|-----------------|--|------------------|-----------------|
| 80 | 10"80 | Nange Marine | Huizingen | 23-06-18 |
| 60 H | 10"56 | Nange Marine | Duffel | 21-04-18 |
| 150 | 20"13 | Nange Marine | Huizingen | 23-06-18 |
| 150 H | 22"81 | Nange Marine | Vilvoorde | 25-08-18 |
| 300 | 47"24 | Nange Marine | Duffel | 21-04-18 |
| 1.000 | 3.11.14 | Steurbaut Zarah | Heusden-Zolder | 16.07.16 |
| Ver | 4.48 | Nange Marine | Huizingen | 23-06-18 |
| Hoog | 1m48 | VAN DOMSELAAR Anita | Hechtel | 15-08-96 |
| Polstok | 1m80 | Meyvaert Carlien | Kessel-Lo | 26-09-09 |
| Kogel (2 Kg) | 14m49 | Maluta Dani | Nijvel | 28-09-13 |
| Discus (600 gr) | 26.40 | Maluta Dani | Schaarbeek | 21-10-12 |
| Discus (750 gr) | 31m16 | Maluta Dani | Nijvel | 28-09-13 |
| Speer (400 gr) | 25m86 | VAN DOMSELAAR Anita | Vilvoorde | 13-08-96 |
| 5-kamp | 2.332 pt | Nange Marine | Vilvoorde | 27-05-18 |
| 4 x 80 | 46"78 | VERBIST Tessa | Vilvoorde | 26-06-99 |
| | | DEMEYERE Inge | | |
| | | VERDEYEN Christine | | |
| | | SOMJA Sophie | | |
| 3 x 600 | 5'48"86 | Aubroeck Friedl Nange Marine Verheyden Moa | Betekom | 02-09-18 |

CADETTEN meisjes

| | | | | |
|----------------|----------|-----------------------|------------|----------|
| 100 | 13"0 | CARDOEN Annick | Wespelaar | 01-06-90 |
| 80 H | 13"49 | VAN DOMSELAAR Anita | Dilbeek | 25-07-98 |
| 200 | 26"70 | CARDOEN Annick | Hasselt | 25-08-90 |
| 300 | 47.3 | Wouters Inge | Dilbeek | 08.10.93 |
| 300 H | 50"94 | WOUTERS Inge | Brugge | 17-07-93 |
| 400 | 63.87 | Wouters Inge | Leuven | 08.10.93 |
| 800 | 2'20"58 | BOS Inge | Anderlecht | 30-05-99 |
| 1.000 | 3'04"78 | VERBIST Tessa | St-Niklaas | 04-06-01 |
| 1.500 | 4'56"52 | VERBIST Tessa | Heusden | 15-08-01 |
| 2.000 | 7'25"69 | Waerzeggers Bridey | Schaarbeek | 01-06-13 |
| 1.500 steeple | 5'44"35 | CNOPS Vanja | Leuven | 23-08-02 |
| Mijl | 5'46"97 | Verhoeven Elynn | Nieuwpoort | 10-07-07 |
| Ver | 4m80 | VERDEYEN Christine | Neerpede | 11-07-01 |
| HSS | 9m31 | MAGITS Priscilla | Heverlee | 30-05-92 |
| Hoog | 1m55 | VAN DOMSELAAR Anita | Aartselaar | 09-05-98 |
| Polstok | | | | |
| Kogel (3 Kg) | 14m74 | Maluta Dani | Kortenberg | 29.08.15 |
| Discus (1Kg) | 36m13 | Vanden Eynde Joyce | Eeklo | 20.05.12 |
| Hamer (3kg) | 52m46 | Vanden Eynde Joyce | Eeklo | 13.10.12 |
| Speer (500 gr) | 34m16 | JOLY Ilka | Lommel | 09-08-91 |
| 5-kamp | | | | |
| 6-kamp | 3.265 pt | VAN DOMSELAAR Anita | Dilbeek | 26-07-98 |
| 4 x 100 | 57"03 | Charlier Marieke | Oostende | 14.05.05 |
| | | Mues Heleen | | |
| | | Kindt Thalia | | |
| | | Willems Fran | | |
| 4 x 800 | 10'15"36 | VAN DEN BROECK Loesje | Heverlee | 23-08-00 |
| | | DEPREE Inne | | |
| | | VERBIST Tessa | | |
| | | BOS Inge | | |

SCHOLIEREN meisjes

| | | | | |
|-------------------|----------|---------------------|-------------|----------|
| 100 | 12.9 | Knop Marianne | | **.**.79 |
| 100 H 0.74 | 16"79 | VAN DOMSELAAR Anita | Herve | 22-08-99 |
| 200 | 27.22 | Sonck Ruth | Vilvoorde | 17.05.03 |
| 200 H 0.74 (demo) | 32.47 | Kindt Thalia | Biurcht | 30.07.06 |
| 300 | 43.86 | De Wit An | Leuven | 09.07.99 |
| 400 | 60.75 | De Wit An | Anderlecht | 11.07.99 |
| 400 H | 69"75 | WOUTERS Inge | Ninove | 29-07-95 |
| 800 | 2.24.03 | Bos Inge | Dilbeek | 20.04.02 |
| 1.000 | 3"13'27 | Cnops Vanja | Vilvoorde | 22.06.04 |
| 1.500 | 4.56.61 | Cnops Vanja | Nivelle | 06.09.03 |
| Mijl | 5'33"52 | Cnops Vanja | Alken | 17.07.04 |
| 2.000 | 7'23"11 | Waerzeggers Bridey | Vilvoorde | 01-06-14 |
| 2.000 steeple | 7'13"28 | Cnops Vanja | Gent | 25.09.04 |
| 3.000 | 10'31"54 | Cnops Vanja | Tessengerlo | 04.09.04 |
| ½ Marathon | 1u46'09" | De Cnyf Chloë | Amsterdam | 16.10.05 |
| Ver | 5.00 | Kindt Thalia | Bornem | 17.09.06 |
| HSS | 10m52 | VAN DOMSELAAR Anita | Burcht | 08-08-99 |
| Hoog | 1m59 | GYSELINCK Elke | Dilbeek | 10-05-03 |
| Polstok | | | | |
| Kogel (3 Kg) | 15m15 | Maluta Dani | Herenthals | 03-09-16 |
| Kogel (4 Kg) | 10m62 | VAN DOMSELAAR Anita | Oordegem | 11-09-99 |
| Discus (1 Kg) | 34m16 | Vanden Eynde Joyce | Vilvoorde | 17-08-13 |
| Speer (500 gr) | 28m04 | Vanden Eynde Joyce | Tienen | 04-05-13 |
| Speer (600 gr) | 26.46 | Van Domselaar Anita | Tessengerlo | 01-07-99 |
| Hamer (3 Kg) | 57m87 | Vanden Eynde Joyce | Eeklo | 04-10-14 |
| Hamer(4 Kg) | 45m14 | Vanden Eynde Joyce | Leuven | 09-08-14 |
| 5-kamp | 2.670 pt | VAN DOMSELAAR Anita | Willebroek | 10-07-99 |
| 7-kamp | 3.845 pt | VAN DOMSELAAR Anita | Herve | 22-08-99 |
| 4 x 100 | 54"46 | VERMEULEN Nele | Heverlee | 28-08-02 |
| | | SONCK Ruth | | |
| | | GYSELINCK Elke | | |
| | | VERDEYEN Christine | | |

| | | | | |
|---------|----------|--|--------|----------|
| 4 x 800 | 10'17"28 | VERDEYEN Christine VAN DEN BROECK Loesje VERBIST Tessa BOS Inge | Heysel | 22-09-02 |
|---------|----------|--|--------|----------|

JUNIOREN dames

| | | | | |
|---------------|----------|--------------------|----------------|----------|
| 100 | 13.2 | Sannen Heidi | Leuven | 01.08.90 |
| 100 H 0.84 | 19"67 | Sonck Ruth | Bornem | 09.05.04 |
| 200 | 27.2 | Verheyden Rosette | | ** **.82 |
| 300 | 47.83 | Haesevoets Estelle | Vilvoorde | 02.07.13 |
| 400 | 62.83 | Sonck Ruth | Diest | 25.06.05 |
| 400 H | 70"01 | Sonck Ruth | Huizingen | 22.05.04 |
| 800 | 2.30.88 | Bos Inge | Heusden | 11.07.03 |
| 1.000 | 3'03"72 | Cnops vanja | Dilbeek | 17.07.05 |
| Mijl | 5'14"16 | Cnops Vanja | Aalst | 04.09.05 |
| 1.500 | 4'45"16 | Cnops Vanja | Heusden-Zolder | 23.07.05 |
| 2.000 | 6'39"74 | Cnops Vanja | Tessenderlo | 10.08.05 |
| 3.000 | 10'04"81 | Cnops Vanja | Tessenderlo | 20.08.05 |
| 5.000 | 17'17"41 | Cnops Vanja | Vilvoorde | 11.09.05 |
| 10.000 | 42'34"52 | Waerzeggers Bridey | Kortenberg | 26.08.17 |
| 2.000 steeple | 7'10"84 | Cnops Vanja | St.-L.-Woluwe | 01.06.05 |
| 3.000 steeple | 11'00"15 | Cnops Vanja | Vilvoorde | 06.07.05 |
| ½ marathon | 2u10'50" | Vermeulen Nele | Elewijt | 16.05.05 |
| Ver | 4.84 | Kindt Thalia | Neerpelt | 10.05.08 |
| HSS | 10m46 | Sonck Ruth | Vorst | 28.05.05 |
| Hoog | 1m50 | Gyselinck Elke | Herve | 11.09.04 |
| Polstok | | | | |
| Kogel (4 Kg) | 10m94 | AELST Nathalie | Vilvoorde | 19-09-87 |
| Discus (1 Kg) | 29m72 | DE ROUCK Nathalie | Vilvoorde | 17-08-96 |
| Hamer (4 Kg) | 30m24 | WOUTERS An | Wespelaar | 14-08-98 |
| Speer(600g) | 34m78 | Joly Ilka | ... | 00-00-95 |
| 5-kamp | | | | |
| 7-kamp | | | | |
| 4x 100 | | | | |
| 4x 800 | | | | |

ALLE CATEGORIEEN dames

| | | | | |
|-------------------|----------|----------------------|-------------|--------------|
| 100 | 12.9 | Knop Marianne | | ** **.79 sch |
| 100 H 0.84 | 19.67 | Sonck Ruth | Bornem | 09.05.04 jun |
| 200 | 26"70 | CARDOEN Annick | Hasselt | 25-08-90 cad |
| 200 H 0.76 (demo) | 32.47 | Kindt Thalia | Biurcht | 30.07.06 |
| 300 | 43.86 | De Wit An | Leuven | 09.07.99 sch |
| 400 | 60.0 | Verheyden Rosette | Kessel-lo | ** ** * |
| 400 H | 69"75 | WOUTERS Inge | Ninove | 29-07-95 |
| 800 | 2'20"58 | BOS Inge | Anderlecht | 30-05-99 cad |
| 1.000 | 3'01"83 | Cnops vanja | Dilbeek | 21-07-07 |
| 1.500 | 4'39"76 | Cnops Vanja | Merksem | 25-08-07 |
| Mijl | 5'14"16 | Cnops Vanja | Aalst | 04.09.05 jun |
| 2 Mijl | 11'38"90 | Trappeniers Nele | Tienen | 22.08.04 |
| 2.000 | 6'37"81 | Cnops Vanja | Kessel-lo | 31.08.08 |
| 3.000 | 09'41"38 | Cnops Vanja | Tessenderlo | 18-08-07 |
| 5.000 | 16'42"54 | Cnops Vanja | Oordegem | 02-08-09 |
| 10.000 | 34'44"42 | Cnops Vanja | Ninove | 13.06.09 |
| Uurloop | 13.739 m | WINNELINCKX Marcella | Willebroek | 05-09-98 mas |
| ½ Marathon | 1u21'53" | Cnops Vanja | Leuven | 16-03-11 |
| Marathon | 3u10'42" | LEMAIRE Christelle | Brussel | 01.10.17 M40 |
| 2.000 steeple | 7'13"28 | CNOPS Vanja | Tessenderlo | 25.09.04 sch |
| 3.000 steeple | 10'34"83 | Cnops Vanja | Huizingen | 09-09-07 |
| Ver | 5.00 | Kindt Thalia | Bornem | 17.09.06 sch |
| Hoog | 1m59 | GYSELINCK Elke | Dilbeek | 10-05-03 sch |
| HSS | 10m52 | VAN DOMSELAAR Anita | Burcht | 08-08-99 sch |
| Polstok | | | | |
| Kogel (4 Kg) | 11m80 | VERHEYDEN Rosette | Dilbeek | 05-07-85 |
| Discus (1Kg) | 36m13 | Vanden Eynde Joyce | Eeklo | 20.05.12 cad |

| | | | | |
|------------------|----------|---|-----------|-----------------------------------|
| Hamer(4 Kg) | 45m14 | Vanden Eynde Joyce | Leuven | 09-08-14 schol |
| Speer (600 gr) | 34m78 | JOLY Ilka | ... | 00-00-95 jun |
| Gewichtw(9.08kg) | 10m11 | Van den houdt Karine | Stekene | 25-08-12 W40 |
| 5-werpkamp | 2604pt | Van den houdt Karine | Stekene | 25-08-12 W40 |
| 5-kamp | | | | |
| 7-kamp | | | | |
| 4 x 100 | 53"2 | POELS Ann CARDOEN Annick AELST Nathalie SANNEN Heidi | Wespelaar | 30-08-89 |
| 4 x 200 | 2'09"2 | DE WIT An DE CALUWE Debbie DE CALUWE Ode VAN DOMSELAAR Anita | Heverlee | 27-08-97cad |
| 4 x 400 | 4'10"42 | DE WIT An BOS Inge VAN DOMSELAAR Anita DE SAINT-HUBERT Marijke | Brugge | 19-09-99 |
| 4 x 800 | 10'15"36 | VAN DEN BROECK Loesje DEPREE Inne VERBIST Tessa BOS Inge | Heverlee | 23-08-00 cad cad cad cad |

MASTERS dames

| | | | | |
|------------------|----------|--|-------------|--------------|
| 100 | 14"12 | Verheyden Rosette | Burcht | 21-07-11 |
| 100 H | | | | |
| 200 | 29"16 | Verheyden Rosette | Brasschaat | 12-06-10 |
| 300 | 45"75 | Verheyden Rosette | Tielt | 28-05-12 W45 |
| 400 | 66"61 | Verheyden Rosette | Trier | 20-09-14 W50 |
| 400 H | | | | |
| 600 | 1'52"62 | Verheyden Rosette | Vilvoorde | 24-05-14 W50 |
| 800 | 2'37"26 | WINNELINCKX Marcella | Wespelaar | 23-07-00 |
| 1.000 | 3'27"77 | WINNELINCKX Marcella | Vilvoorde | 06-06-00 |
| 1.500 | 5'25"31 | Geuze Nelleke | Booischoot | 08.06.08 |
| 1 mijl | 5'48"47 | WINNELINCKX Marcella | Tessengerlo | 18-09-98 |
| 2.000 | 7'16"44 | WINNELINCKX Marcella | Ninove | 07-06-98 |
| 2.000 steeple | | | | |
| 3.000 | 11'15"83 | WINNELINCKX Marcella | Vilvoorde | 14-06-98 |
| 5.000 | 19'23"38 | WINNELINCKX Marcella | Duffel | 01-06-98 |
| 10.000 | 41'39"85 | WINNELINCKX Marcella | Wespelaar | 21-09-01 |
| Uurloop | 13.739 m | WINNELINCKX Marcella | Willebroek | 05-09-98 |
| ½ Marathon | 1u32'30" | Joly Ilka | Nijlen | 02-06-13 W35 |
| Marathon | 3u10'42" | LEMAIRE Christelle | Brussel | 01.10.17 M40 |
| Ver | 3.75 | Van Campenhout Christine | Lebbeke | 03.07.99 |
| Hoog | | | | |
| HSS | | | | |
| Kogel (3 Kg) | 10m59 | Rosette Verheyden | Deinze | 14.06.15 W50 |
| Kogel (4 Kg) | 9m75 | Van den houdt Karine | Neerpelt | 17.05.11 W35 |
| Discus (1 Kg) | 33m78 | Van den houdt Karine | Kortenbergh | 31.08.13 W40 |
| Speer (600 gr) | 28m02 | Joly Ilka | Lebbeke | 15.06.14 W35 |
| Hamer (4 Kg) | 33m02 | Van den houdt Karine | Tessengerlo | 26.06.13 W40 |
| Gewichtw(9.08kg) | 10m11 | Van den houdt Karine | Stekene | 25-08-12 W40 |
| 5-werpkamp | 2604pt | Van den houdt Karine | Stekene | 25-08-12 W40 |
| 7-kamp | | | | |
| 4 x 100 | 63"09 | MEES Viviane VERLOY Rita BOUDREZ Linda DE BOODT Rita | Vilvoorde | 18-06-00 |
| 4 x 200 | 2'24"30 | MEES Viviane DE BOODT Rita BOUDREZ Linda VAN HUYCK Josée | Heverlee | 26-08-98 |
| 4 x 400 | 6'03"57 | VANDERBORGHT Jos WINNELINCKX Marcella VAN BELLINGHEN Nicole HUYGEBART Greet | Wespelaar | 24-08-94 |

4 x 800

11'34"49

WINNELINCKX Marcella
BOUDREZ Linda
NELIS Annie
DE BOODT Rita

Heverlee

23-08-00